

Your Journey Through the Open Doors Training

OPEN DOORS GROUNDWORK

In this engaging 2.5-hour self-paced online module, explore the foundations of Open Doors with a focus on the past, present and future of youth substance use, the social and environmental factors that shape it, and the power of relationships to make a lasting impact.

MODULE 1: OPENING THE DOOR

Welcome to Open Doors! In this session, we'll build a sense of community, explore the goals of the training, and set the stage for impactful learning.

MODULE 2: UNDERSTANDING YOUTH SUBSTANCE USE

We'll dive into the spectrums of youth substance use, the factors influencing use, and how our understanding of these can influence our engagement with youth.

MODULE 3: THE ROLE OF RELATIONSHIP IN OPEN DOORS

Learn how Cultural Humility, the 5 R's of Restorative Justice, and Harm Reduction come together to shape a relational approach to engaging youth facing substance and other behavioral health issues.

MODULE 4: UNLOCKING ENGAGEMENT – THE OPEN DOORS KEY

Learn Open Doors' evidence-based tool to effectively engage with youth. This session provides interactive skill-building to apply the principles of Open Doors and build authentic relationships.

MODULE 5: PART I: ENGAGE WITH INTENTION – EFFECTIVE STRATEGIES WITH YOUTH

Explore proven engagement techniques that foster open, supportive conversations around substance use and other behavioral health issues.

MODULE 5: PART II: ENGAGE WITH INTENTION – OVERCOMING BARRIERS TO CONNECTION

What stands in the way of connection? Explore practical strategies to identify and navigate barriers that may hinder engagement, creating opportunities for every youth to feel seen and heard.

MODULE 6: GUIDING YOUTH TO APPROPRIATE CARE AND SUPPORT

You don't have to have all the answers —just the right tools! This module focuses on helping youth identify their needs and connecting them with the care and support they deserve.

MODULE 7: KEEPING THE DOOR OPEN

Your journey doesn't end here! Wrap up the training by strengthening connections within the Open Doors community and exploring opportunities for continued learning and impact.

