

Engaging Youth in Real Conversations About Substance Use

Frequently asked questions





What is the Open Doors Training project?

The Open Doors Training project is a comprehensive training designed to empower nonclinical, youth-serving adults across California by equipping them with additional skills and knowledge to engage with young people on topics related to substance use and other behavioral health issues.



Who can benefit from the Open Doors Training?

This training is ideal for adults in who interact with youth, including educators, community leaders and volunteers, child welfare workers, and other non-clinical professionals.



How is the Open Doors Training delivered?

The Open Doors training is comprised of two essential components:

- Self-paced online 2.5-hour groundwork training.
- In-person 8-hour training in your community!
- Optional post-training consultation and booster sessions.



Is the Open Doors Training free?

Yes! The Open Doors training is currently free through August 2027, thanks to generous funding from the **California Department of Health Care Access and Information (HCAI).**



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Who developed the training?

This training was developed by youth-serving substance use and behavioral health professionals in collaboration with community members, individuals with lived experience, and youth throughout California.

Does the training focus on any particular substances or is it general talking points that could be applied to all substance use?

Open Doors centers strategies and tools to foster relationship while navigating conversations around substance use and other behavioral health concerns. These tools can be used in conversations around any substance.



Is the training focused on building relationships with a specific age range of young people?

This training was designed to help adults build authentic relationships with youth ages 12 to 25 years old.



Is this training for youth?

No, Open Doors is a training designed for adults who work with youth.

